

Press Release
Prague, October 10, 2022

Mattoni Liberec Nature Run is a trail race that attracts to the beauty of the Jizera Mountains. Registrations are Still Available

After a year, the challenge of overcoming the granite quarry is here again! Thousands of runners will head up the steep hill, where a significant number of them will be happy just to walk. And then through the forest to the Bedřichov dam. This is the Mattoni Liberec Nature Run which has been attracting runners already for the fifth time. In addition to a great program and entertainment, the popular race will also bring millions of crowns for the city in total revenues in multiplication resulting from this event. It all kicks off on Saturday, October 15, at the Liberec Square, with the popular dm family run also on the program. The registration can be obtained on the RunCzech.com website.

This is the only RunCzech race that is mostly run in the countryside. At the end of the season, thousands of participants run out of the city into the Jizera Mountains. And they have a great time. *"Everyone is excited, but also a bit scared of the granite quarry. But when they overcome it and reach the finish line, they are happy. It is a great euphoria,"* said Carlo Capalbo, the President of the RunCzech organizing committee which organizes the famous International Prague Marathon or the half marathon series in the Czech Republic.

The participants can choose either a 12-kilometre route or a longer 22-kilometre route in the Mattoni Liberec Nature Run. In both cases, they will go through the quarry which is normally closed to the public. There will be no shortage of hills and adventures. The dm family run, a 2.5-kilometre route through Liberec, is also popular and can be run by everyone.

Last year Vít Pavlišta triumphed here, and he will not be missing the start of this year's edition either. *"The organizers always laugh at me when I belittle the difficult Liberec race route, but the course is really not that difficult for Liberec."*



Františka Křížka 11, 170 00 Praha 7, Czech Republic
Email: info@runczech.com

Tel: +420 224 919 209
Fax: +420 224 923 355

www.runningmall.cz
www.runczech.com

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There is one steep climb, not very long hill and one short. The rest are just beautiful footpaths and a beautiful linden alley at the Masaryk Street, especially in this autumn season," the Liberec-based long distance runner said. "I don't set any time limits, but of course I would like to repeat the victory from previous years," Pavlišta added.



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Note for editors

- All five events hold World Athletics Elite Road Race Labels.
- Each of the five races are certified by AIMS, have been awarded a 5 Star Road Race standard by European Athletics or have hosted the IAAF (World Athletics) Half Marathon Championships.
- SuperHalves races have played host to World Record performances (2 in Lisbon, 2 in Prague, 1 in Copenhagen and 3 in Valencia).
- RunCzech organizes running events in cities across the Czech Republic and in Italy, with Napoli Running, and in Japan and China supported by local entities.
- Prague International Marathon spol. s.r.o. ("PIM")/RunCzech was established in 1995 by Carlo Capalbo, President of the Organizing Committee, with the aim of staging a world-class international marathon in Prague.
- Nearly 1.2 million runners have participated in RunCzech events since its inception. In 2019, we welcomed over 120 000 finishers from 101 different countries.
- ALL RUNNERS ARE BEAUTIFUL is our way of welcoming everyone to the world of running.
- Initiatives like RunCzech Running League and SuperHalves were created to motivate casual runners. To support elite European athletes, we created the EuroHeroes Challenge.
- RunCzech Racing is dedicated to the development of young athletes, community ties, and sporting excellence. Eight World records so far and over 150 podium finishes for our team!
- In 2021, RunCzech introduced the unique running invention called The Battle of the Teams. "Professional marathoners competing in teams, strategically drafted based on their collective personal bests, giving each team a serious chance to win gold".
- We host other events such as our Bambini Runs, Family Runs and Junior Marathon Championship to encourage youth participation.
- Our FreeRun courses form a network of running trails across the Czech Republic.
- Our Running Mall serves as the epicenter of the running world in Prague.
- All accompanying information regarding RunCzech can be found at this link:

[Notes for editors](#)



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Contact

For more information, please get in touch with:

- Soňa Barabášová at barabasova@runczech.com or +420 603 455 830

Or reach the office at pr@pim.cz or +420 224 919 209



Františka Křížka 11, 170 00 Praha 7, Czech Republic
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