PRESS GUIDE

RUN CZECH

ALL RUNNERS ARE BEAUTIFUL

MATTONI ÚSTÍ NAD LABEM HALF MARATHON 21 SEPTEMBER 2019

MATTONI

#ULHALF

ENG

IAAF Road Race GOLD Label

QUALITY ROAD RACE EUROPEAN ATHLETICS

INFORMATION FOR JOURNALISTS

Dear Sports Friends,

Welcome to the 9th Mattoni Ústí nad Labem Half Marathon.

The Press Guide you are holding in your hand contains key information for journalists relating to the Mattoni Ústí nad Labem Half Marathon. You will also find a brief summary of the participating elite athletes including their split times which offers indication of their record-breaking potential. Further race-related information can be found in the Event Guide. We hope you will find everything you need to carry out your work here. If you require any additional information, please don't hesitate to get in touch with a member of the press team.

PRESS TEAM

Diana Rybachenko	Marketing & Communication	777 746 801	rybachenko@pim.cz
Bohuslav Stehno	PR & Media	606 044 637	stehno@pim.cz

PRESS CENTRE

You need to head to the Press Centre to collect your race accreditation pass. Journalists can also find the most up-to-date race-related information here plus facilities to aid them with their work including connection to the internet, a results service and option for following the live broadcast.

Friday
Comfort Hotel Ústí nad Labem City
Masarykova 3128/36
Ústí nad Labem

Saturday (race day)
City Information Centre
Mírové náměstí 1/1
Ústí nad Labem

Open times:

Friday	20.9. from 8.30 to 20.30	Comfort Hotel Ústí nad Labem City
Saturday	21.9. from 8.30 to 18.00	City Information Centre

Title partner
Title partner
Czech championship Handbike
Title partner
dm family run
Main partners
Institutional partner

MEDIA CAR

Take advantage of the opportunity to ride in a special vehicle which travels ahead of the elite runners throughout the race!

- Unique experiences
- Unique photography
- Journalism directly from the course

Book a place at the Press Centre or contact Bohuslav Stehno on tel.: +420 606 044 637

RACE PROGRAMME

RUNCZECH

www.runczech.com
www.runningmall.cz
www.praguemarathonstore.cz

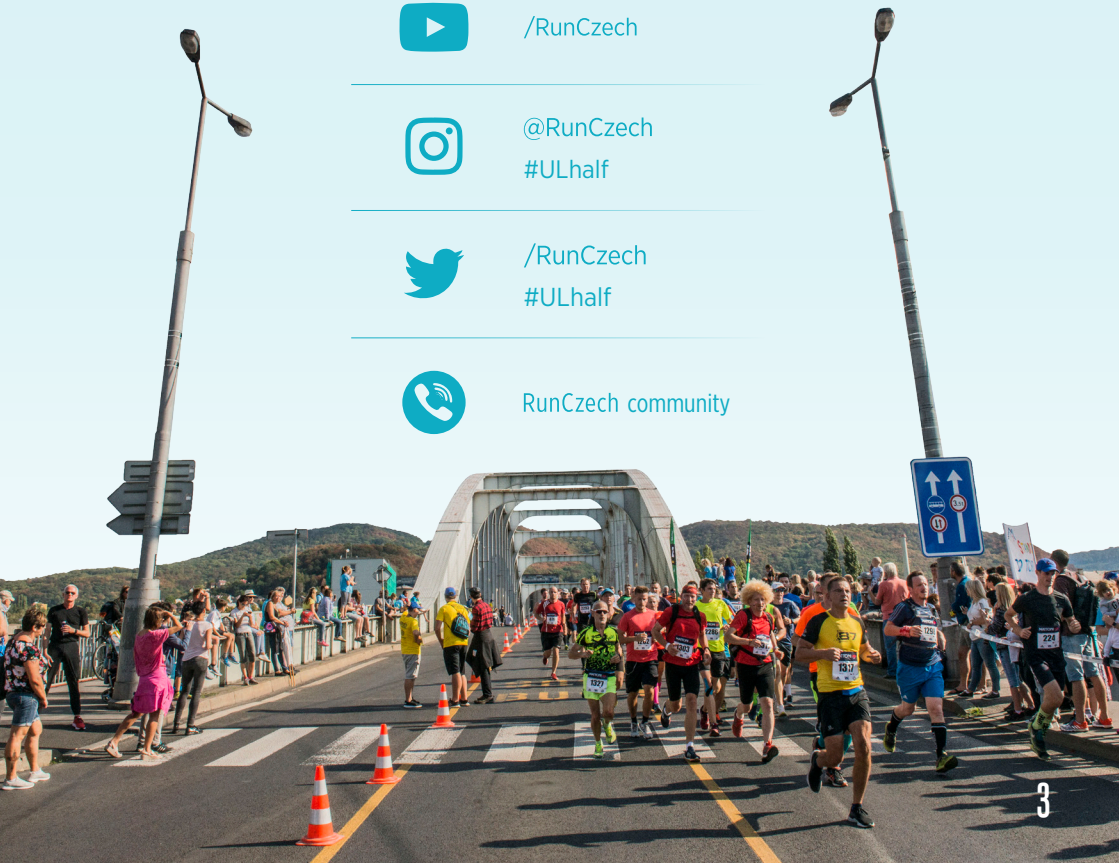
/RunCzech
/RunningMall

/RunCzech

@RunCzech
#ULhalf

/RunCzech
#ULhalf

RunCzech community



PRESS CONFERENCE

Friday 20th September

Pre-race press conference	11:00	Comfort Hotel Ústí nad Labem

Friday 20th September

Hospitality room	8:30 – 20:30	Comfort Hotel Ústí nad Labem City
Press centre	8:30 – 20:30	Comfort Hotel Ústí nad Labem City
Meeting between elite runners and primary school children	11:00 – 12:00	Pod vodojemem Primary School
Running Expo Ústí nad Labem	12:00 – 18:00	Cultural Centre
Pre-race warm-up run	17:00	Cultural Centre

Saturday 21st September

Hospitality room	8:30 – 14:00	Comfort Hotel Ústí nad Labem City
Press Centre	8:30 – 18:00	City Information Centre
Running Expo Ústí nad Labem	8:00 – 12:00	Cultural Centre
Opening of the Guest Zone	11:00	Mírové náměstí
Junior handbike start time	11:40	Mírové náměstí
Start of the Spolchemie Handbike Cup	12:00	Mírové náměstí
Start of the dm Family Run	13:30	Mírové náměstí
Announcement of the handbike race results	14:00	Mírové náměstí
Start of the Mattoni Ústí nad Labem Half Marathon	15:00	Mírové náměstí
Anticipated arrival of the first male runner	16:02	Mírové náměstí
Anticipated arrival of the first female runner	16:10	Mírové náměstí
Announcement of the winners	16:15	Mírové náměstí
Post-race party gets under way	17:00	Mírové náměstí
Announcing the winners – relays, 2Run	17:30	Mírové náměstí
End of the race	18:00	Mírové náměstí

Description of intermediate times

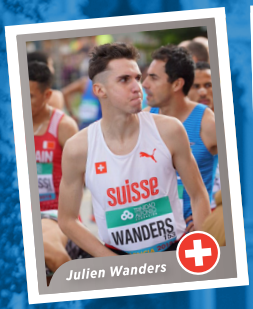
You can use the breakdown of split times below to make estimations about the finish times of participating elite athletes. Split times are also useful for checking if competitors have a realistic chance of smashing the world record, race record or Czech record.

1	5	10	15	20	21,0975	
0:02:40	0:13:45	0:27:25	0:41:15	0:55:05	**0:58:01**	Men's world record *
0:02:48	0:13:59	0:27:58	0:41:57	0:55:59	**0:59:13**	Men's european record
0:02:54	0:14:02	0:28:25	0:42:50	0:57:15	**0:59:49**	
0:02:51	0:14:13	0:28:26	0:42:40	0:56:53	**1:00:00**	
0:02:56	0:14:30	0:29:15	0:43:40	0:58:22	**1:01:31**	Czech men's national record
0:02:56	0:14:42	0:29:23	0:44:05	0:58:46	**1:02:00**	
0:02:59	0:14:56	0:29:52	0:44:48	0:59:43	**1:03:00**	
0:03:02	0:15:10	0:30:20	0:45:30	1:00:17	**1:04:06**	Men's european race record
0:03:05	0:15:26	0:30:53	0:46:20	1:01:20	**1:04:33**	Czech men's race record
0:03:07	0:15:29	0:30:59	0:46:23	1:01:46	**1:04:51**	Women's world record
0:03:05	0:15:24	0:30:49	0:46:12	1:01:19	**1:05:00**	
0:03:20	0:15:16	0:31:11	0:47:18	1:03:35	**1:06:38**	Women's european record
0:03:19	0:16:00	0:33:11	0:49:36	1:06:22	**1:10:00**	
0:03:20	0:16:03	0:33:25	0:49:50	1:06:43	**1:10:45**	Women's european race record
0:03:22	0:16:05	0:33:40	0:50:00	1:07:08	**1:11:01**	Czech women's national record
0:03:25	0:16:19	0:33:22	0:50:17	1:07:26	**1:11:22**	Czech women's race record

*The record set in Copenhagen on 15 September is awaiting ratification

EuroHeroes

RunCzech běžecká perspektiva



MATTONI KARLOVY VARY HALF MARATHON
18 MAY 2019

MATTONI ČESKÉ BUDĚJOVICE HALF MARATHON
1 JUNE 2019

MATTONI OLOMOUC HALF MARATHON
15 JUNE 2019

MATTONI ÚSTÍ NAD LABEM HALF MARATHON
21 SEPTEMBER 2019

ČESKÝ ATLETICKÝ SVAZ

QUALITY ROAD RACE
EUROPEAN ATHLETICS

EuroHeroes

EuroHeroes is a RunCzech initiative (in cooperation with European Athletics) that was created for three reasons: To make European athletes even more competitive on the world stage. To celebrate the greatness that exists among us. And to generate a fan base for local and regional runners with the hope of inspiring a new generation to follow in their footsteps.

A dream? Of course. But dreams are where reality starts.

To fulfill our dream, we have designated four half marathons as EuroHeroes events. Karlovy Vary, Ceske Budejovice, Usti nad Labem and Olomouc. A cluster of races that feature only European elite athletes within full support and care by European Athletics. And that´s not all. We have prepared another surprise for the athletes.

EuroHeroes Challenge. The runners' top 2 out of 4 finishes will determine who will be honored at the end of the season as a EuroHero, with the competitive series encouraging local fans to follow every step in their quest.

Europe had its running heroes once. Emil Zátopek. Paula Radcliffe, Stefano Baldini. Sebastian Coe. And it will again. With EuroHeroes.

EUROHEROES STORY

EuroHeroes rulers?
An unstoppable Italian and a half marathon queen
Three races, an Italian runner Yassine Rachik is leading the EuroHeroes Challenge among the men, having managed to fight off all other contenders so far. And it's the same story in the women's field with Moldovan runner Lilia Fisikovici confidently at the helm. Both very much have their sights set on overall victory in the series.

Rachik took everyone by surprise in Karlovy Vary. Delivering a start to finish kind of victory, he also managed to break a new European race record. He went on to repeat the whole performance in České Budějovice. Only the scorching temperatures in Olomouc managed to stop him from taking home a third record. A truly fantastic and unstoppable runner. "The Czech races are excellent training for me ahead of the world championships in Doha," Rachik reveals. The races helped him get in shape to qualify for the World Championships in Qatar, scheduled for the end of September/start of October.

This offers an explanation for his decision to give Ústí nad Labem a miss. He's using the time to rest and gather his strength ahead of the championships, however will be closely monitoring the action on TV, and hoping neither Jaume Leiva Beato nor Roman Romanenko is on the right kind of form to dethrone him once and for all. Without Yassine in the way, the others are however well aware the path ahead may well be paved in gold.

When it comes to the women, Lilia Fisikovici's rivals won't have the advantage of an absent super leader. Anyone wanting to snatch the EuroHeroes and Mattoni Half Marathon crown from her will need to defeat her outright in Ústí nad Labem.

The Moldovan excelled in Karlovy Vary, taking victory there and going on to repeat the performance in České Budějovice, where any traces of competition were left far behind. By the time the others were crossing the finish, she'd already had chance to pick up some refreshments and give interviews. Such was the breathtaking level of her performances. Olomouc was the only race which at first seemed to throw her off guard, with British runner Stephanie Twell well ahead of the Moldovan well into the second half of the race. It was clear any designs she had on

victory were ultimately in vain, however. Fisikovici pulled herself together, switched to turbo mode, helping her shave off a 20 second gap and overtake Twell like a bullet train past a motor coach.

" With each race I discover new runners and it's truly amazing. I really value this level of competition. My rivals are of a decent calibre which makes the races more challenging as well as exciting," shared Fiskovici, speaking of her EuroHeroes experience.

Currently second place in the EuroHeroes Challenge is Darya Mykhailova followed closely by Olha Kotovská who are the only realistic rivals for Fisikovici. To have a chance of toppling her from her throne on the exceptionally fast

Ústí course, however there will be no room for mistakes, and will need to join forces so as to leave her far behind. Is someone capable of delivering a last minute blow to this year's superhero?

Note: Created in collaboration between RunCzech and European Athletics, this year's innovative EuroHeroes Challenge series is made up of four races – the Mattoni Karlovy Vary Half Marathon, the Mattoni České Budějovice Half Marathon and the Mattoni Ústí nad Labem Half Marathon. Each runner is awarded points based on the time achieved with the two top performances of all races used to calculate the final rankings.

EUROHEROES IS AN AMAZING SERIES. OTHER ATHLETES ARE KEEN TO GET INVOLVED, FISIKOVICI REVEALS

Poking out beneath her stomach is an eye-catching tattoo of a rose. This is a souvenir and reward for her big win at last year's Mattoni České Budějovice Half Marathon. It also reminds her of her EuroHeroes Challenge series wins. Introducing the graceful Moldovan athlete and Olympian Lilia Fisikovici – leading EuroHeroes woman and excellent runner who took gold three-times in a row.

Fiskovici's love for the EuroHeroes project and the wins that it has brought her is plain to see. Chatting to her about it, she quickly starts to share her memories of the season that catapulted her into the running public's conscience in the Czech Republic as well as abroad. "I like Ústí nad Labem best, because the course is fast and flat and it's where I ran my best time of 1:10:45. But I'm also fond of Budějovice, even though it's hillier. I generally really love coming to the Czech Republic because I feel at home here," Lilia Fisikovici reveals.

She's enjoying the EuroHeroes series and is delighted to be supporting European long-distance runners. And the Czech competition featuring continental athletes is something she takes incredibly seriously. Fiskovici embraces the modern concept of a race series which she believes is unparalled in Europe. "It's great that you can be on the podium, you have the chance to win a race as well as receive excellent financial remuneration, higher than is usually the case. EuroHeroes also has another added benefit. When you run with Europeans, you're more tactical in your running and compete with one another," the Moldovan recordholder reveals, acknowledging that running together injects a certain energy into the races.

Being given the chance to battle it out with her fellow Europeans spurs her on to produce excellent times as well as new records. She managed to deliver the goods once again in Karlovy Vary, České Budějovice and Olomouc. "With each race I discover new runners and it's truly amazing. I really value this kind of competition. My rivals are adept which makes the races harder as well as more exciting," she adds.

She's well suited to the points-based results system. It works in a similar way for the decathlon. "Here it's about the combat as well as tactics. I always look forward to that and I find it incredibly interesting. Good European competition always pushes you forward," she shares. According to Fisikovici, such rules force athletes to test their capabilities to the limit all the way to the finish line.

The EuroHeroes Challenge motto is all about pushing athletes forward and finding new international stars. And Fisikovici is confident that the series' potential and maxim will be realised soon. Finally long-distance runners have a multi-part race just as cyclists have the Tour de France and classic skiers the Tour de Ski. "There are no races quite like it anywhere in Europe where the events are stacked on top of one another and true victory comes not after your first win but after the fourth event finale. This is what makes

EuroHeroes so unique, allowing us Europeans the chance to take to the spotlight. I've spoken to other European athletes about the idea and they're sold on it. They're also keen to take part soon. For this reason I'd really welcome more events like this in the future, " she enthuses.

The friendly runner from Moldova will also go down in EuroHeroes history for holding the best European records. Of the four races held so far she holds the best results in two and all that's left is to achieve the best European woman's performance. "It's really nice to find yourself in the statistics see who has the best time in Europe. But I'm not sure I'm able to break records in all four. It would all have to come together – from the weather to my form on the day," Fisikovici admits, though she's delighted in the knowledge the right now the best European results in RunCzech races belong to her.

There's one other reason why collecting wins and amazing results is important to her. The prestige and fact that people and the sporting public back home in Moldova are paying attention. "You don't find many runners in Moldova, I'm really one of a handful. We also don't have good long-distance trainers. If I do end up winning the EuroHeroes Challenge, it may shift people's attitude to running and attract more attention," a hopeful Lilia Fisikovici shares.

MATTONI ÚSTÍ NAD LABEM HALF MARATHON - ELITE LIST MEN'S

Num.	Country	Name	Bib. name	Date of birth
1	POL	Marcin CHABOWSKI	**MARCIN**	1:02:24
2	ESP	Jaume Leiva BEATO	**JAUME**	1:02:29
3	POL	Arkadius GARDZIELEWSKI	**ARKADIUS**	1:03:17
4	ITA	Ahmed EL MAZOURY	**AHMED**	1:02:39
5	UKR	Roman ROMANENKO	**ROMAN**	1:03:22
7	GER	Henrik PFEIFER	**HENRIK**	1:03:42
8	IRL	David FLYNN	**DAVE**	1:04:32
9	GER	Tobias BLUM	**TOBIAS**	1:04:38
10	GBR	Josh GRIFFITHS	**JOSH**	1:04:54
11	GER	Thorben DIETZ	**THORBEN**	1:05:16
12	BEL	Jeroen HENDRIKX	**JEROEN**	1::05:55
14	CZE	Vít PAVLIŠTA	**VÍT**	1:05:09
15	NED	Roel WIJMENGA	**ROEL**	1:10:35
16	CZE	David VAŠ	**DAVID**	1:07:42
17	CZE	Jan KOHUT	**JAN**	1:06:18
18	CZE	Jiří CSIRIK	**JIŘÍ**	1:09:54
19	CZE	Robert MÍČ	**ROBERT**	1:07:21
20	CZE	Milan JANOUŠEK	**MILAN**	1:09:53

Num.	Country	Name	Bib. name	Date of birth
1	MDA	Lilia FISIKOVICI	**LILIA**	1:10:45
2	GBR	Jess PIASECKI	**JESS**	1:11:36
3	UKR	Daria MYKHAILOVA	**DARIA**	1:12:28
4	GBR	Louise SMALL	**LOUISE**	1:12:46
5	POL	Izabela TRZASKALSKA	**IZABELA**	1:11:33
6	GER	Katharina STEINRUCK	**KATHARINA**	1:12:44
7	UKR	Olga SKRYPAK	**OLGA**	1:13:48
8	UKR	Olha KOTOVSKA	**OLHA**	1:12:19
9	GBR	Jenny SPINK	**JENNY**	1:13:02
10	CZE	Tereza HROCHOVÁ	**TEREZA**	1:16:12
11	CZE	Hana HOMOLKOVÁ	**HANA**	1:18:28
12	CZE	Ivana SEKYROVÁ	**IVANA**	1:14:06
14	CZE	Barbora JÍŠOVÁ	**BARBORA**	1:18:52
15	CZE	Markéta GAJDORUSOVÁ	**MARKÉTA**	1:25.13

Official partners

dm UniCredit Bank GENERALI GATORADE Kaufland

České dráhy Národní dopravce CSA CZECH AIRLINES Letiště Praha TURKISH AIRLINES Comfort Hotel ÚSTÍ NAD LABEM CITY

MATTONI ÚSTÍ NAD LABEM HALF MARATHON

MATTONI 1/2MARATON ÚSTÍ NAD LABEM | ALL RUNNERS ARE BEAUTIFUL

September 21, 2019 – start: 3 pm | 21. září 2019 – start: 15.00

- trasa závodu / směr závodu *race course / direction of the race*
- km vzdálenost *km distance*
- předávací místo štafet (5, 10, 15 km) *relay exchange point (5, 10, 15 km)*
- technické zázemí *technical area*
- seřadiště *line-up*
- start / cíl *start / finish*
- Running Expo *Running Expo*
- občerstvovací stanice *refreshment point*
- osvěžovací stanice *sponges point*
- první pomoc *first aid*
- hudební produkce *music point*
- toalety *toilets*

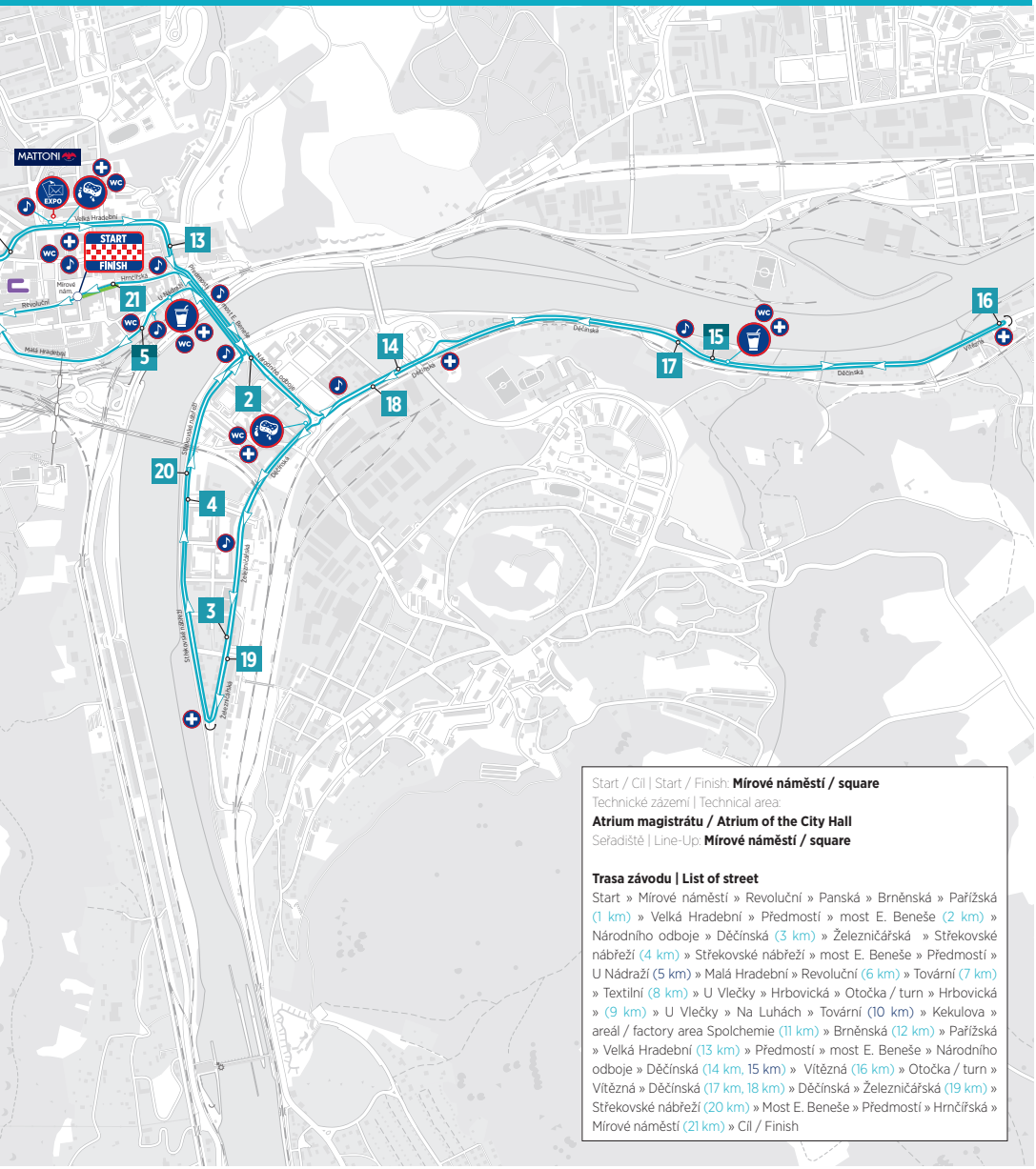
MAPY.CZ

km Předpokládaný čas prvního a posledního běžce (časový limit)
Estimated time of the first and the last runner (cutoff time)

1	15:03 / 15:14	8	15:23 / 16:12	15	15:43 / 17:10
2	15:06 / 15:22	9	15:26 / 16:20	16	15:46 / 17:18
3	15:09 / 15:30	10	15:28 / 16:28	17	15:48 / 17:26
4	15:11 / 15:39	11	15:31 / 16:36	18	15:51 / 17:34
5	15:14 / 15:47	12	15:34 / 16:45	19	15:54 / 17:43
6	15:17 / 15:55	13	15:37 / 16:53	20	15:57 / 17:51
7	15:20 / 16:03	14	15:40 / 17:01	21	16:00 / 18:00

RUN CZECH

MATTONI



Start / Cíl | Start / Finish: **Mírové náměstí / square**
Technické zázemí | Technical area:
Atrium magistrátu / Atrium of the City Hall
Seřadiště | Line-Up: **Mírové náměstí / square**

Trasa závodu | List of street

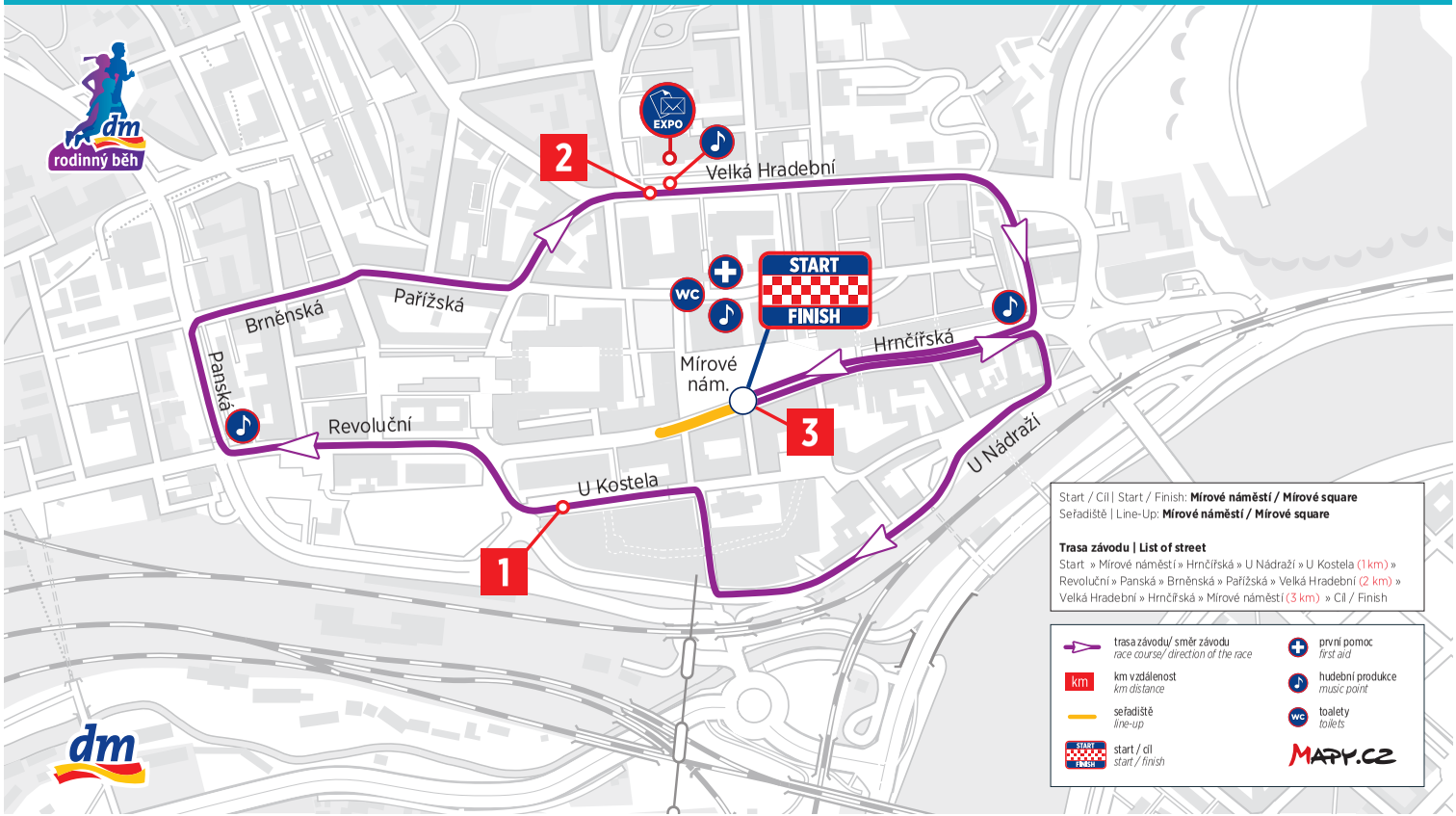
Start » Mírové náměstí » Revoluční » Panská » Brněnská » Pařížská (1 km) » Velká Hradební » Předmostí » most E. Beneše (2 km) » Národního odboje » Děčínská (3 km) » Železničářská » Střekovské nábřeží (4 km) » Střekovské nábřeží » most E. Beneše » Předmostí » U Nádraží (5 km) » Malá Hradební » Revoluční (6 km) » Tovární (7 km) » Textilní (8 km) » U Vlečky » Hrbovická » Otočka / turn » Hrbovická » (9 km) » U Vlečky » Na Luhách » Tovární (10 km) » Kekulova » areál / factory area Spolchemie (11 km) » Brněnská (12 km) » Pařížská » Velká Hradební (13 km) » Předmostí » most E. Beneše » Národního odboje » Děčínská (14 km, 15 km) » Vítězná (16 km) » Otočka / turn » Vítězná » Děčínská (17 km, 18 km) » Děčínská » Železničářská (19 km) » Střekovské nábřeží (20 km) » Most E. Beneše » Předmostí » Hrnčířská » Mírové náměstí (21 km) » Cíl / Finish

dm family run Ústí nad Labem / dm rodinný běh Ústí nad Labem

RUNCZECH

ALL RUNNERS ARE BEAUTIFUL

September 21, 2019 – start: 1.30 pm | 21. září 2019 – start: 13.30

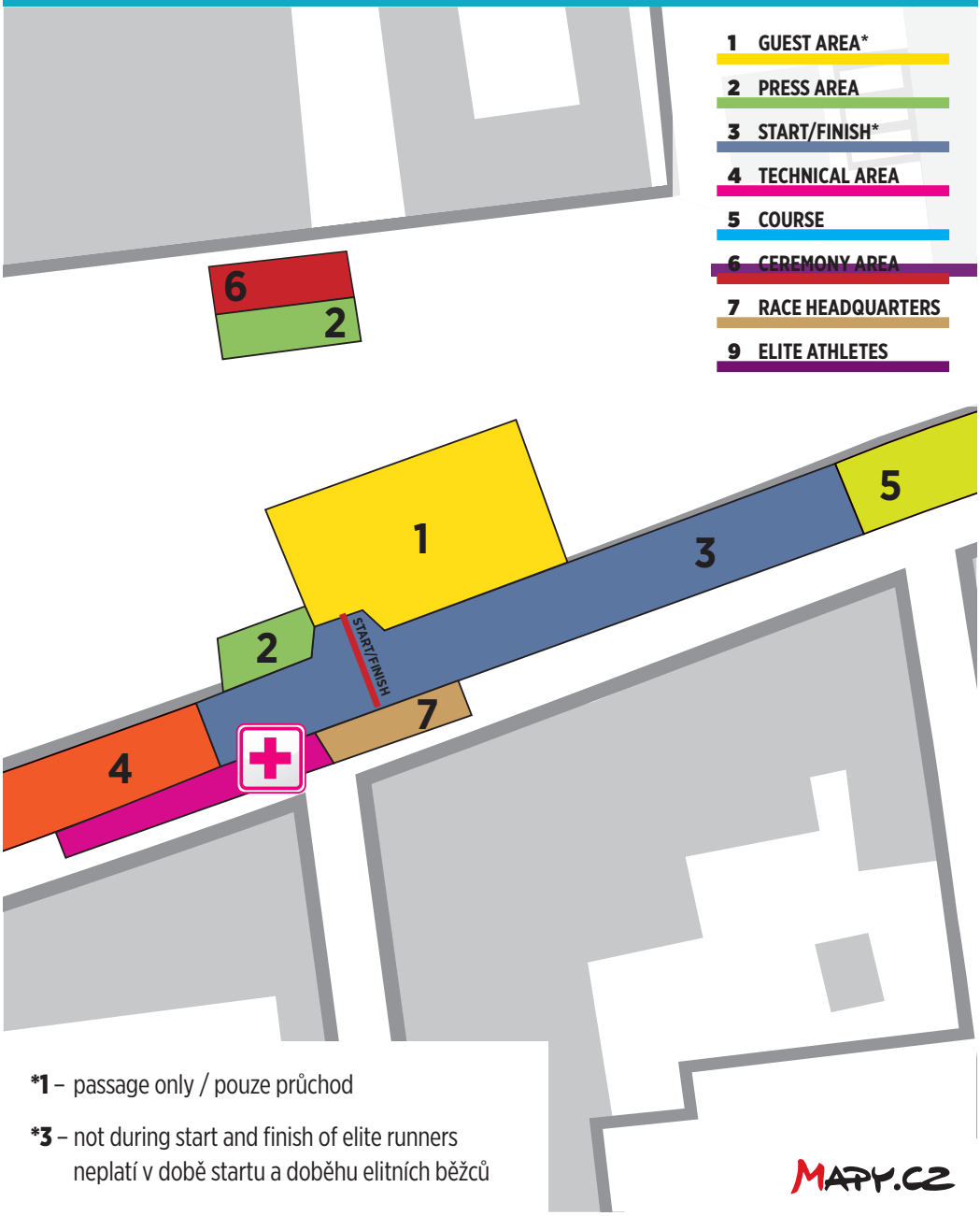


MATTONI ÚSTÍ NAD LABEM HALF MARATHON
MAP – START AND FINISH

MATTONI 1/2MARATON ÚSTÍ NAD LABEM | MAPA - START A CÍL

RUNCZECH

MATTONI



***1** – passage only / pouze průchod

***3** – not during start and finish of elite runners
neplatí v době startu a doběhu elitních běžců

MAPY.CZ

START LIST – MEN

MATTONI ÚSTÍ NAD LABEM
HALF MARATHON | 21st September 2019

RUN CZECH

	5 UKR Roman **ROMANENKO** 1:03:22 **ROMAN**	12 BEL Jeroen **HENDRIKX** 1:05:55 **JEROEN**
18 CZE Jiří **CSIRIK** 1:09:54 **JIŘÍ**		
1 POL Marcin **CHABOWSKI** 1:02:24 **MARCIN**	7 GER Hendrik **PFEIFFER** 1:03:42 **HENDRIK**	14 CZE Vít **PAVLIŠTA** 1:05:09 **VÍT**
19 CZE Robert **MÍČ** 1:07:21 **ROBERT**		
2 ESP Jaume Leiva **BEATO** 1:02:29 **JAUME**	9 GER Tobias **BLUM** 1:04:38 **TOBIAS**	15 NED Roel **WIJMENGA** 1:10:35 **ROEL**
20 CZE Milan **JANOUŠEK** 1:09:53 **MILAN**		
3 POL Arkadiusz **GARDZIELEWSKI** 1:03:17 **ARKADIUSZ**	10 GBR Josh **GRIFFITHS** 1:04:54 **JOSH**	16 CZE David **VAŠ** 1:07:42 **DAVID**
4 ITA Ahmed **EL MAZOURY** 1:02:39 **AHMED**	11 GER Thorben **DIETZ** 1:05:16 **THORBEN**	17 CZE Jan **KOHUT** 1:06:18 **JAN**

ALL RUNNERS ARE BEAUTIFUL

START LIST – WOMEN

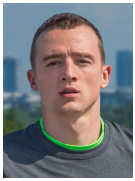
MATTONI ÚSTÍ NAD LABEM
HALF MARATHON | 21st September 2019

RUNCZECH

	5 POL Izabela **TRZASKALSKA** 1:11:33 **IZABELA**	10 CZE Tereza **HROCHOVÁ** 1:16:12 **TEREZA**
1 MDA Lilia **FISIKOVICI** 1:10:45 **LILIA**	6 GER Katharina **STEINRUCK** 1:12:44 **KATHARINA**	11 CZE Hana **HOMOLKOVÁ** 1:18:28 **HANA**
2 GBR Jess **PIASECKI** 1:11:36 **JESS**	7 UKR Olga **SKRYPAK** 1:13:48 **OLGA**	12 CZE Ivana **SEKYROVÁ** 1:14:06 **IVANA**
3 UKR Daria **MYKHAILOVA** 1:11:50 **DARIA**	8 UKR Olha **KOTOVSKA** 1:12:19 **OLHA**	14 CZE Barbora **JÍŠOVÁ** 1:18:52 **BARBORA**
4 GBR Louise **SMALL** 1:12:46 **LOUISE**	9 GBR Jenny **SPINK** 1:13:02 **JENNY**	15 CZE Markéta **GAJDORUSOVÁ** 1:25.13 **MARKÉTA**

ALL RUNNERS ARE BEAUTIFUL

MATTONI ÚSTÍ NAD LABEM HALF MARATHON



Marcin CHABOWSKI Age: 33

• Chabowski ranks among Poland's leading marathon runners, though also earns a living as a running trainer
• Marcin was the 2005 junior European Champion in the 3000 metres steeplechase in Kaunas, Lithuania
• He took part in the 2014 World Military Games where he managed to pick up Silver in the marathon distance with a time of 2:15:37
• He finished fourth in the marathon at the 2016 European Championships
• Two years earlier at the same event he led the race for considerable time before being overtaken by one of the main favourites

PERSONAL BEST: 1:02:24
NATIONALITY: POLISH

Arkadiusz GARDZIELEWSKI AGE: 33

• Similarly to Chabowski, he also works as a running and fitness trainer
• He's the Polish national champion in the road 5K, in the half marathon as well as marathon, while also boasts a number of titles as a cross-country national champion
• His personal best hails from the only half marathon he completed in 2018, in Italy's Verona where he finished 5th place
• His only Czech race to date was at the Sportisimo Prague Half Marathon; this will be his first RunCzech race outside of the capital, plus as part of the EuroHeroes initiative

PERSONAL BEST: 1:03:17
NATIONALITY: POLISH

Roman ROMANENKO AGE: 31

• Ukraine national champion in the half marathon the year before last
• In 2016 he finished fourth in the half marathon in Birmingham
• He's also scooped up wins in Bila Tserkva, Dnipro, Kharkiv, Dushanbe and Munich
• Former holder of two European records at RunCzech races in Karlovy Vary and České Budějovice
• He finished second this year in Karlovy Vary and České Budějovice, and currently holds the same position in the EuroHeroes Challenge rankings behind Yassine Rachik

PERSONAL BEST: 1:03:22
NATIONALITY: UKRAINIAN

Jaume Leiva BEATO Age: 36

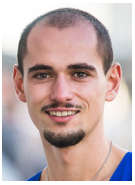
• A versatile athlete who runs well over both short and long distances
• He ran a record half marathon time in Valencia last year finishing there in 1:02:29
• At the start of May, he finished 3rd in a race held on home turf in Gijón (1:05:18)
• He previously won the half marathon in the Norwegian city of Stavanger (2018)
• He finished third in the Mattoni České Budějovice earlier on this year

PERSONAL BEST: 1:02:29
NATIONALITY: SPANISH

Ahmed EL MAZOURY AGE: 29

• Born in Morocco, the runner has lived in Italy since he was a child and has an Italian passport. He currently lives in Brivio
• He has fond memories of the Czech Republic, having picked up Silver in the 10 000 metres as part of the U23s European Championships held here in 2011
• He's two times winner of the Italian national championships, having scooped up other wins and podium spots especially over shorter courses
• He triumphed at the half marathon in Monza (2016), while picked up third place in Milan (2013)

PERSONAL BEST: 1:02:39
NATIONALITY: ITALIAN



Hendrik PFEIFFER Age: 26

• He played soccer as a teenager, when he was 20 years-old he started to run professionally
• He made marathon debut in his hometown Düsseldorf in 2016 and he qualified for 2016 Olympic Games in Rio de Janeiro after this race
• Hendrik won 2017 Köln marathon in his second career start on marathon distance
• He suffered from injuries in last three season, because of this factor he had cancelled races in 2016 Olympics and 2018 European Championship
• Pfeiffer completed a special record in Guiness World Records for the fastest run in halfmarathon when he wore suit

PERSONAL BEST: 1:03:58
NATIONALITY: GERMAN

David VAŠ Age: 29

• Athlete who races for Sokol České Budějovice
• He also earns a living as an athletic sports gear dealer
• He used to play football and was into motocross, and didn't try his first athletics races until 2010
• He says his first marathon race was at an underground garage event in České Budějovice which he completed in 3 hours and 57 minutes
• He currently places 11th in the EuroHeroes Challenge series

PERSONAL BEST: 1:07:42
NATIONALITY: CZECH

Vít PAVLIŠTA Age: 34

• He lives and trains in Liberec and races in the colours of his local athletics club AC Slovan
• He graduated in engineering economics and has a degree form the faculty of Mechatronics
• He is several times Czech national champion in the marathon, plus is also the best current marathon runner ahead of Jiří Homoláč
• His best local marathon title hails from Prague, which also earned him a new personal best
• He has previously competed in 10K races at the Dongio Giro Media Blenio in Switzerland, where he always finished in the top twenty

PERSONAL BEST IN THE 10 KM: 1:05:09
NATIONALITY: CZECH

MATTONI ÚSTÍ NAD LABEM HALF MARATHON

Lilia FISIKOVICI Age: 30

- She is the first Moldovan athlete to qualify for the forthcoming 2020 Tokyo Summer Olympics
- Her current personal best stands at 1:10:45 and will be remembered especially as it happened in Ústí nad Labem
- She competed at the famous London marathon at the end of April, taking 14th place there
- Last year at the Ljubliana marathon she smashed the national record which remained unchanged since 1991
- She has reigned supreme at all EuroHeroes Challenge races held so far this year – specifically in Karlovy Vary, České Budějovice and Olomouc – and is leading the women's rankings

PERSONAL BEST: 1:10:45
NATIONALITY: MOLDOVAN

Jess PIASECKI Age: 29

- Petite English athlete who hails from Stockport and lives in Ashbourne
- Jess is coached by Robert Hawkins, father of the famous British athlete Callum Hawkins
- She has a doctorate and also teaches practical physiology, she's currently planning to carry out an interesting piece of research on women athletes
- She shone at last year's Manchester 10K race

PERSONAL BEST: 1:11:36
NATIONALITY: BRITISH

Louise SMALL Age: 27

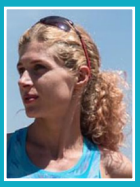
- Athlete from Farnham, primary school teacher, sports coach and MA student
- She enhanced her personal best this year at home races held in Reading
- The Ústí nad Labem race will be her first half marathon of the season as well as her first EuroHeroes race
- Accolades include winning the Warsaw 10K race in 2018, picking up second place in 2017, as well as Silver from the Manchester half marathon

PERSONAL BEST: 1:12:46
NATIONALITY: BRITISH

Izabela TRZASKALSKA Age: 31

- In 2017 she ran for Poland at the 16th world athletics championship in London
- She's a member of the academic sports association at the Marie Curie-Sklodowska University in Lubin, and also represented the Mechanized Division of the Army Forces at this year's 17th European Run in Gniezno
- In 2006 she picked up a Silver medal in the 5 00 metres at the Polish Championship in Bydgoszcz

PERSONAL BEST: 1:11:33
NATIONALITY: POLISH



Darya MYKHAILOVA Age: 30

- A Ukrainian runner who races for a French club
- While still a young girl in 2003 she became the world champion in shot put
- She has twelve different career wins under her belt, mostly recorded on French soil
- Her half marathon best of 1:13:42 hails back to November 2017 in Morlaix, France
- She performs really well at half marathons, having previously triumphed in Fort de France, finished second in Les Abymes, and third in both Caen and Morlaix

PERSONAL BEST: 1:11:50
NATIONALITY: UKRAINIAN

Katharina STEINRUCK Age: 30

- She represented her country at the World Marathon Championships in 2017
- In addition to competing, she earns a living as a police superintendent
- She has completed half marathons in Barcelona, Berlin and Amsterdam
- Her top results are second place in Freiburg, plus a bronze at a race in Luzern
- She triumphed at the Cologne marathon nine years ago

PERSONAL BEST: 1:12:44
NATIONALITY: GERMAN

Hana HOMOLKOVÁ Age: 23

- In addition to athletics, she also enjoys dancing, reading, and loves pancakes
- Her motto and objective is to never give up a single race
- Her life philosophy is believe, run, prove!
- Last year saw her make significant improvements to her 10K performances, while this year she has significantly
enhanced her times in the half marathon distance

PERSONAL BEST: 1:18:28
NATIONALITY: CZECH

Tereza HROCHOVÁ Age: 23

- The Pilsen long-distance runner is the current Czech national half marathon champion
- In 2019 she picked up bronze at the Czech Cross Country Championships, helping her qualify for the European Championships
- She took part in this year's Summer Universiade in Naples, and finished an impressive 13th place in the half marathon there

PERSONAL BEST: 1:16:12
NATIONALITY: CZECH

HIGHLIGHTS

- This is the 9th race year.
- The Mattoni Ústí nad Labem Half Marathon will be broadcast on 15th September from 16:35 on ČT Sport and live from 14.50 on iVysilani.cz.
- The Mattoni Ústí nad Labem Half Marathon is the eighth event in the RunCzech race series comprising a total of nine races in six countries around the Czech Republic and two in Italy. Last year saw over 100 000 runners take part in RunCzech races which marked a new record.
- The race boasts the Gold Quality Label awarded by the International Association of Athletics Federations (IAAF).
- The half marathon takes runners on a single-round course which remains unchanged from last year. Runners will run as far as Svádov, crossing Edvard Beneš Bridge a total of four times and passing through the particularly popular feature of the Spolchemie Chemical Plant.
- Capacity for the main race this year stands at 3 700 half marathon runners, with 3 300 runners spanning all ages at the dm Family Run, plus 15 disabled athletes competing in the Spolchemie Czech Handbike Cup in the seniors category and 10 athletes in the junior category.
- The half marathon will get under way at 15.00 from Mírové náměstí. The dm Family Run will start at 13.30, and the Spolchemie Czech Handbike Cup from midday.
- The Mattoni Ústí nad Labem Half Marathon is one of the world's fastest half marathons and prides itself as the "Ferrari of races". Two-times winner Barselius Kipyego ran the world's fifth fastest half marathon here last year, even managing to snatch third best in 2016.
- Lukáš Konečný and his boxing trainees headed by Fabiána Bytyqi will also be competing in the half marathon.
- The Marathon Music Festival also forms part of the half marathon featuring bands and DJs dotted around the course.
- This year adidas will be offering a limited event T-shirt collection featuring graphics from Plešouni (Baldies) working in collaboration with the illustrator Eliška Podzimková.
- The greatest number of participating runners from abroad hail from Slovakia, Germany, Poland, Great Britain, Russia, Ukraine, the United States, France, Mexico and Bulgaria.
- Ústí nad Labem has two Mattoni FreeRun courses. Five-kilometre circuits open to everyone whenever they want, these are close to Střekov and Svádov.
- The official race hashtag is #ULhalf.

KEY STATISTICS

- Capacity for the Mattoni Ústí nad Labem Half Marathon is 3 700 runners, with 3 300 participants joining the dm Family Run
- A total of 35 nationalities will be competing in the race
- 65 percent of runners are made up of men, 35 percent are women
- On average women manage to complete the Mattoni Ústí nad Labem Half Marathon in 2 hours, 5 minutes and 17 seconds, for men it's 1 hour, 49 minutes and 40 seconds
- The average age of women taking part in the race is 37 years, the average age of men is 40 years
- The most popular name of men taking part in the race is Jan (169), Petr (132), Martin (118), Jiří (107) and Tomáš (100)
- Among the women the most popular names are Jana (85), Kateřina (55), Lucie (45), Martina (43) and Petra (41)
- The most popular race surnames are Svoboda (12), Novák and Černý (9), Malý and Marek (7).
- For women these are Svobodová (10), Nováková (6), Tůmová, Procházková and Němcová (5)
- The most widely represented professions in the RunCzech Running League are:

  admin workers (317)

  managers (301)

  students (150)

  teachers, lecturers and coaches (123)

  programmers (82)
- 4 men and 3 women runners will be celebrating their birthdays on race day
- The oldest male participant hails from the Czech Republic and is 75 years old
- The oldest female participant hails from Great Britain and is 68 years old

Aktuálně.cz Radiožurnál Český rozhlas Reportér deník

RECORDS

Word record - men: 58:18, Abraham Kiptum (KEN, 2018)

Word record - women: 1:04:51, Joyciline Jepkosgei (KEN, 2017)

Race record - men: 0:59:14, Barselius Kipyego (KEN, 2017)

Race record - women: 1:07:17, Peres Jepchirchir (KEN, 2015)

European race record - men: 1:04:06, Dmytro Lashyn (UKR, 2016)

European race record - women: 1:10:45, Lilia Fisikovici (MDA, 2018)

Czech national record - men: 1:01:31, Jan Pešava (1997)

Czech national record - women: 1:01:11, Eva Vrabcová Nývltová (2018)

Czech race record - men: 1:04:33, Jiří Homoláč (2017)

Czech race record - women: 1:11:22, Eva Vrabcová Nývltová (2017)

*A record set on September 15 at the
Copenhagen half marathon is awaiting ratification

DRUNK:

- **8 192** of Mattoni water
- **3 240** litres of Gatorade

EATEN:

- **1 399 kg** of bananas
- **771 kg** of oranges
- **17 kg** of salt
- **13 kg** of sugar

NATIONAL RECORDS

Men

*POLAND - **Piotr Gladki** - 1:01:35 – 25th March 2000 (Haag, The Netherlands)*	
*SPAIN - **Fabián Roncero** - 59:52 – 1st April 2001 (Berlin, Germany)*	
*UKRAINE - **Serhij Lebid** - 1:01:49 – 22nd September 2003 (Newcastle, Great Britain)*	
*GERMANY - **Carsten Eich** - 1:00:34 – 4th April 1993 (Berlin, Germany)*	
*ITALY - **Rachid Berradi** - 1:00:20 – 13th April 2002 (Milan, Italy)*	
*IRELAND - **Alistair Cragg** - 1:00:49 – 20th March 2011 (New York, USA)*	
*GREAT BRITAIN - **Mo Farah** - 59:22 - 13th September 2015 (Newcastle, Great Britain)*	
*THE NETHERLANDS - **Abdi Nageeye** - 1:00:24 – 3rd February 2019 (Marugame, Japan)*	
*BELGIUM - **Mohammed Mourhit** - 1:00:18 – 4th October 1997 (Košice, Slovakia)*	
*CZECH REPUBLIC - **Jan Pešava** - 1:01:31 – 4th October 1997 (Košice, Slovakia)*	

Women

*MOLDOVA - **Lilia Fisikovici** - 1:10:45 – 15th September 2018 (Ústí nad Labem, Czech Republic)*	
*GREAT BRITAIN - **Paula Radcliffe** - 1:06:47 – 7th October 2001 (Bristol, Great Britain)*	
*UKRAINE - **Natalija Berkut** - 1:11:07 – 23rd December 2006 (Okayama, Japan)*	
*POLAND - **Katarzyna Kowalska** - 1:10:06 – 2nd April 2016 (Prague, Czech Republic)*	
*GERMANY - **Uta Pippig** - 1:07:58 – 19th March 1995 (Kyoto, Japan)*	
*iTALY - **Valeria Straneo** - 1:07:46 – 26th February 2012 (Ostia, Italy)*	
*CZECH REPUBLIC - **Eva Vrabcová Nývltová** - 1:11:01 – 7th April 2018 (Prague, Czech Republic)*	

RUNCZECH RACES 2020

NAPOLI CITY HALF MARATHON 23 FEBRUARY	**SPORTISIMO PRAGUE HALF MARATHON** 28 MARCH	**VOLKSWAGEN PRAGUE MARATHON** 3 MAY
MATTONI KARLOVY VARY HALF MARATHON 16 MAY	IAAF Road Race GOLD Label QUALITY ROAD RACE EUROPEAN ATHLETICS	**MATTONI ČESKÉ BUDĚJOVICE HALF MARATHON** 30 JUNE
MATTON OLOMOUC HALF MARATHON 13 JUNE	**O_2 PRAGUE RELAY** 23 / 24 / 25 JUNE	**BIRELL PRAGUE GRAND PRIX 5 & 10 KM** 5 SEPTEMBER
MATTONI ÚSTÍ NAD LABEM HALF MARATHON 19 SEPTEMBER	**LIBEREC NATURE RUN** 3 OCTOBER	**SORRENTO POSITANO** 6 DECEMBER

ALL RUNNERS ARE BEAUTIFUL

WWW.RUNCZECH.COM